

Regional Family Support Centers (FSC)

Three regional Family Support Centers (FSC) provide free individualized and group peer to peer family support services for families in each region whose loved ones suffer from a substance use disorder. FSCs offer direct family support, education, resources and advocacy in a safe and non-stigmatizing environment. Each regional center is staffed with Family Support Coordinators with lived experiences who are specially trained in the Community Reinforcement and Family Training (CRAFT) Model which teaches families self-protection along with non-confrontational skills to help empower their loved one to seek treatment; as well as helping each family member develop and work on their own Individualized Wellness Recovery Plan. The overall goal of the FSC Coordinator is to provide compassionate support to empower family members to have a better quality of life, improve their psychological health, reduce levels of stress, feel less isolated, and gain skills needed to cope with their loved one's use. Families who receive FSC services also receive Naloxone Training and Kits to assist their loved ones at risk of opioid overdose.

Regional Family Support Centers are a free resource and support to family members who have a loved one with a substance use disorder 100% confidential Family Support Coordinators are available via phone, text, email, and zoom for one-on-one sessions and weekly virtual support groups. Here is the main contact information for the Family Support Center that covers the counties in each region:

Northern Region Family Support Center:

Counties Served: **Bergen, Essex, Hudson, Morris, Passaic, Sussex, Warren:**

For Referrals to Care Plus NJ Family Support Center

Please Contact: Dawn Romeo– FSC Program Manager

Office: 201-265-8200 x5529, Cell: 201-421-8073,

Email: dawnr@careplusnj.org

Central Region Family Support Centers:

Referral to Central Region Sharing the Hope FSC

Counties Served: **Hunterdon, Mercer, Monmouth, Somerset:**

Please Contact: Prevention Resources, Rocky Schwartz- Family Support Coordinator

Office: 908-481-5191

Email: rschwartz@njprevent.com

Website: www.njprevent.com

Referral to Central Region Prevention Links FSC:

Counties Served: **Middlesex, Union**

Please Contact: Prevention Links, Cindy Charles, Recovery Engagement Manager

Office: 732-381-4100, ext. 152

Cell: 908-875-8604

Email: ccharles@preventionlinks.org

Website: www.preventionlinks.org

Southern Region Family Support Center:

RECONNECTIONS-Southern Region Family Support Center

Counties Served: **Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Ocean and Salem**

Referrals Please Contact: Josie Wilson – Reconnections Lead Program Coordinator

Email: josie.wilson@centerffs.org

Cell: (609)970-5595

Access Center Line: 877.922.2377 or access@centerffs.org

Website:

<https://www.centerffs.org/our-services/addiction-and-recovery/reconnections>

[Reconnections | Center for Family Services \(centerffs.org\)](http://www.centerffs.org)